

Natural Herbal Remedy

Altigen™ was carefully formulated to aid in dry, hypoxic conditions to improve athletic performance and reduce fatigue. The six Chinese and Tibetan herbs unite to invigorate and nourish the blood, and form an ideal remedy for altitude sickness relief and high altitude adaptation.

Altigen™ works quickly to strengthen the body's ability to handle high altitude activity. The adaptogenic herbs, American Ginseng and Rhodiola, are known in Chinese medicine to help the body effectively recover from stress (induced by exercise or activities at altitude) by binding oxygen to iron more efficiently, keeping the blood oxygenated.

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| Supplement Facts | |
|--|-----------------------------|
| Serving Size: 1 tablet | Servings per container: 120 |
| Proprietary Blend: | 0.5g† (500mg per tablet) |
| (Botanical Name) | (Chinese Name) |
| RHODIOLA CRENULATA | HONG JING TIAN |
| AMERICAN GINSENG | XI YANG SHEN |
| ANGELICA SINENSIS | DANG GUI |
| PANAX NOTO-GINSENG | SAN QI/TIAN QI |
| POTENTILLA ANSERINA L. | REN SHEN GUO |
| BROWN'S LILY BULB | BAI HE |
| † Recommended Daily Value not established. | |

Coating: Hypromellose, Titanium Dioxide, Macrogol.

**DOSAGE: 3 TABLETS WITH WATER,
2 TO 3 TIMES A DAY***

Consider the size, constitution, intensity of the activity and altitude where one plans to sport, travel or play. These factors can influence one's decision to increase or decrease the above recommendations.

FORMULATED IN COLORADO,
MANUFACTURED AT THE GATEWAY TO TIBET
CHENGDU, CHINA.



DENVER, CO 80210

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Altigen™

NATURAL HIGH ALTITUDE RELIEF



Sport Travel Play

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HIGH ALTITUDE TIPS

- 1. DRINK MORE WATER**
Dehydration causes headaches.
- 2. LESS SALT AND CAFFEINE**
Depletes body of water.
- 3. ALCOHOL IN MODERATION**
Deprives body of water and oxygen.
- 4. MORE CARBS / LESS FAT**
Produce energy more efficiently.
- 5. WEAR SUNSCREEN AND SHADES**
UV rays are 36% more intense at altitude.
- 6. WEAR LAYERS OF CLOTHING**
Sudden weather changes are common.
- 7. TAKE ALTIGEN™**
Assists body in adjusting to altitude.

**IF IN DOUBT, FOLLOW THE GOLDEN RULE OF
ASCENDING, DESCEND DESCEND DESCEND.**

Ask for Altigen™
at visitor centers, hotels,
outfitters, natural food stores,
boutiques, and in resort areas.
Visit getAltigen.com
for more locations.



Available in
24 tablet pocket tins
and 120 tablet bottles

PLAY HARD. TAKE ALTIGEN. BREATHE EASY.*

Few out-of-state visitors to high country have the time it takes to adjust to altitude. Altigen, an effective herbal remedy for high altitude adjustment, offers a simple solution to this dilemma.

Altigen makes effective use of non-toxic adaptogenic herbs, which, in Chinese medicine, are used to increase strength and stamina in the body's systems under abnormal conditions, providing a normalizing and defensive response to stress within the body at the cellular level. When the body reacts to stress, it uses more energy, depleting its stores of available energy; adaptogenic herbs assist the body in restoring energy reserves.

The Chinese and Tibetan herbs in Altigen, used for centuries by Sherpas and travelers to aid in the rigors of high altitude, invigorate and nourish the blood. Meticulously researched for six years, our team of physicians, biochemists and botanists hand pick, test for potency and purity and extract these precious herbal medicines. The result is an ideal remedy for increased metabolic function under stress, altitude sickness relief and high altitude adaptation.

SYMPTOMS OF ALTITUDE SICKNESS

MILD

Nausea
Fatigue
Headache
Nosebleed
Dehydration
Loss of appetite
Sleep difficulties
Shortness of breath

ACUTE

Delirium
Confusion
Acute headache
Loss of memory
Inability to sleep
Unconsciousness
Difficulty urinating
Labored breathing